



## Smokefree/Tobacco-free Policy in Multi-unit Housing Toolkit

Hello!

The Nebraska Clean Indoor Air Act (NCIAA) of 2008 was implemented to protect the public health and welfare by prohibiting smoking in public places and places of employment. The law was expanded to include electronic smoking devices, effective **November 14, 2020**.

The benefits of implementing a smoke and aerosol-free housing policy include:

- Saving money
- Protecting the health of tenants & employees
- Renters prefer clean-air housing
- Reducing the risk of smoking-related fires

The tools and resources imbedded in this toolkit are intended as mere suggestions. If you need a specific resource in bulk, please contact the Douglas County health Department at 402-444-7475 or the American Lung Association at 402-502-4950 or [nebraska@Lung.org](mailto:nebraska@Lung.org).

This toolkit contains the following:

Technical assistance (TA) resource kit including standard protocol, check lists, quit resources, NCIAA guidelines, ANRF rights, Tobacco resources, including Spanish-language resources and specific to disparate populations, etc.

1. Standard Produccures
  - a. [TA MUH](#)
  - b. [TA Diagram](#)
  - c. [TA Check List](#)
  - d. [TA Tracking](#)
2. First Meeting Folder Materials:
  - a. [First Meeting Questions](#)
  - b. Property Manager/Owner Resources

- i. [Property Managers Booklet](#)
  - ii. [Going Smokefree Matters](#)
  - iii. [Sample Recommended SF Policy Implementation Timeline](#)
  - iv. [SF Policy Resident Survey & Letter](#)
  - v. [SF Policy Resident Survey \(Spanish\)](#)
  - vi. [Legal Options for Condo Exposed to Secondhand Smoke Infographic](#)
  - vii. [Notice of Violation](#)
  - viii. [Resident Complaint Notice](#)
  - ix. [Notice to Tenants](#)
  - x. [Steps for Effective Enforcement](#)
  - xi. [Freedom From Smoking Handout](#)
  - xii. [Smoke & Aerosol-Free Housing](#)
  - xiii. [NE Tobacco Quitline](#)
  - xiv. [NE Tobacco Quitline Resources](#)
- c. Tenant Resources
- i. [Secondhand Smoke Infiltrating My Apartment/Condo](#)
  - ii. [Secondhand Smoke Infiltrating My Apartment/Condo Spanish](#)
  - iii. [Cessation FAQs](#)
  - iv. [Cessation FAQs Spanish](#)
  - v. [Pets & Cessation](#)
  - vi. [Pets & Cessation Spanish](#)
  - vii. [Cessation Tips & Tools](#)
  - viii. [Cessation Tips & Tools Spanish](#)
  - ix. [Thirdhand Smoke Handout](#)
  - x. [Smokers Quit Brochure](#)

3. Tobacco Resources:

- a. [A Property Manager's Guide to Adopting a Smokefree Policy](#)
- b. [Secondhand Smoke Infiltrating My Apartment/Condo](#)
- c. [Secondhand Smoke Infiltrating My Apartment/Condo Spanish](#)
- d. [Cessation FAQs](#)
- e. [Cessation FAQs Spanish](#)
- f. [Pets & Cessation](#)
- g. [Pets & Cessation Spanish](#)
- h. [Cessation Tips & Tools](#)
- i. [Cessation Tips & Tools Spanish](#)
- j. [Thirdhand Smoke](#)
- k. [When Smokers Quit Brochure](#)
- l. [Steps for Enforcement of Smokefree Policy in Multi-unit Housing](#)
- m. [Secondhand Smoke](#)
- n. [Youth & Tobacco](#)
- o. [Youth & Tobacco Spanish](#)

4. Quit Resources

- a. [Nebraska Tobacco Quitline](#)

- i. [How the Program Works](#)
- b. [Lung Helpline & Tobacco Quitline](#)
- c. [Freedom From Smoking](#)

5. Additional Resources

- a. [Nebraska Clean Indoor Air Act](#)
  - i. [Changes to the Nebraska Clean Indoor Air Act \(as a result of LB 840-2020\)](#)
  - ii. [Nebraska Clean indoor Air Act FAQs](#)
- b. American Lung Association-E-cigarettes/Vaping
  - i. [E-Cigarettes & Vaping | American Lung Association](#)
  - ii. [Health Effects of Secondhand Smoke | American Lung Association](#)
- c. [American Nonsmokers' Rights Foundation](#)