



Tobacco-free/Nicotine-free Policy in Worksites Toolkit

Hello!

The Nebraska Clean Indoor Air Act (NCIAA) of 2008 required indoor workplaces in Nebraska to be smoke-free as of June 1, 2009. The law was expanded to include electronic smoking devices, effective **November 14, 2020**.

The purpose of the act is to protect the public health and welfare by prohibiting smoking in public places and places of employment.

This toolkit contains resources to implement or enhance a comprehensive tobacco-free/nicotine-free policy in a worksite. The tools and resources imbedded in this toolkit are intended as mere suggestions. If you need a specific resource in bulk, please contact the American Lung Association at 402-502-4950 or nebraska@Lung.org.

This toolkit contains the following:

Making Your Worksite Tobacco-free Booklet, a guide to assist in implementing a policy. In addition, the toolkit contains quit resources, tobacco resources, including Spanish-language resources and specific to disparate populations, NCIAA guidelines, ANRF rights etc.

1. Tobacco resources:

- a. Worksite One-pager
- b. Making Your Worksite Tobacco-free/Nicotine-free Booklet
- c. Looking for Work
- d. Looking for Work-Spanish
- e. Quitting Success
- f. Quitting Success-Spanish
- g. When Smokers Quit
- h. When Smokers Quit-Spanish
- i. Electronic Smoking Devices (ESDs)

j. [Electronic Smoking Devices \(ESDs\)-Spanish](#)

2. Quit Resources

- a. [Nebraska Tobacco Quitline](#)
 - i. [How the Program Works](#)
- b. [Lung Helpline & Tobacco Quitline](#)
- a. [Freedom From Smoking](#)

3. Additional Resources

- a. [Nebraska Clean Indoor Air Act](#)
 - i. [Changes to the Nebraska Clean Indoor Air Act \(as a result of LB 840-2020\)](#)
 - ii. [Nebraska Clean indoor Air Act FAQs](#)
- b. American Lung Association-E-cigarettes/Vaping
 - i. [E-Cigarettes & Vaping | American Lung Association](#)
 - ii. [Health Effects of Secondhand Smoke | American Lung Association](#)
- c. [American Nonsmokers' Rights Foundation](#)
- d. [Vaping in the workplace is a bigger problem than most employers think](#)

If you would like FREE assistance developing, updating, or implementing your tobacco-free campus policy, please contact Erin Smith, nebraska@Lung.org (402-502-4950) or MOTAC at info@motac.org.